



Who are we?

BMX stands for Bicycle Motocross and is a type of off-road bicycle racing. The format of BMX was derived from motocross racing. BMX races (motos) are sprint races on purpose-built off-road single lap tracks.

Mountain Raiders is a family-oriented club, meeting every Friday night October to March/April for racing, a BBQ and generally loads of fun. We have classes in age groups from 2/3yrs up to classes for the mums and dads. Mountain Raiders is affiliated to the national body which is BMX New Zealand (BMXNZ).

Our track consists of an international standard starting gate for up to 8 racers, a groomed, serpentine, dirt race course made of various jumps, and a finish line. BMX racing rewards strength, quickness, and bike handling. Many successful BMX racers have gone on to leverage their skills in other forms of bicycle and motorcycle competitions. In 2008, BMX racing became a medal sport at the Summer Olympics in Beijing. Sarah Walker won a silver medal for NZ at the London Olympics 2012. We are proud to have our club's first Junior and Elite riders.

New Zealand riders are consistently ranked in the top 16 in the world, in both male and female classes and in many age groups. In 2013, Auckland hosted the BMX World Championships for the first time. This event showcased BMX to New Zealand and showed the world the depth of BMX in this country. Since then many of our club members have qualified and competed in world championships, including our 3-time world champion, Sacha Earnest.

At national level we are also doing extremely well, considering we have only been competing at the national champs since 2010. Mountain Raiders currently has a National Champion in Madeline Hunter and Elite and Junior Elite riders.

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Your 2021/2022 Committee are:

| | |
|------------------|-----------|
| Greg Buckley | President |
| Kimberley Hunter | Secretary |
| Rachel Briscoe | Treasurer |
| Katie Buckley | |
| Bruno Pfister | |
| Chris Biddick | |
| Hayden Briscoe | |
| Roger Hattingh | |
| Kirstin Summers | |

Club email contacts:

General enquiries (secretary):
secretary@mtrbmx.co.nz

President:
president@mtrbmx.co.nz

Treasurer:
treasurer@mtrbmx.co.nz

Membership:
licencing@mtrbmx.co.nz

Coaches:

Bruno Pfister, Oliver Hanham, Selina Pfister

Address

PO Box 82126, Highland Park 2143, Auckland



<http://www.mtrbmx.co.nz>



Club Nights

Check In: 5.15 PM to 6 PM

Racing Begins: 6.30 PM

Racing finishes: 7.30 PM approx.

Practice Days

The first few Fridays will be fun nights. These are a must for new members or rusty old members who need to warm up before the points & serious racing begins. If you have never been to BMX before, it is a good time to find out about what happens.



Barbecue

We run the BBQ to sell sausages, meat patties, potato chips and drinks. Please support this as it is a great source of fundraising for the club.

Friday Night Helpers

With around 170 riders at each club night, the committee can't run it on our own. We need your help. We are all busy parents, so if everyone does a small bit to help, it eases the burden on our regulars.

Things we need help with:

- BBQ & food/drinks
- track marshals
- finish line catchers
- callup and staging.

Please don't be shy to come forward and give us a hand. The jobs are very easy, and it actually makes it more fun when you're involved.

Racing

Grouping - riders are placed into groups according their age, speed and experience. Riders will graduate from their group to the next group as they improve. This is to ensure fair and competitive racing at our club level.

NB Racing at other BMX clubs and interclub meets will be by the age the rider turns that year.

Points Racing – Weather permitting, specific club nights will be classed as points nights. Of these, the best **10** results will count towards the rider's end of season points and your class ranking and trophies.

Nightly Format Three races each race night. Points awarded for each moto are 1pt for 1st through to 8pt for 8th. An extra race (not for points) may be held if there is time and/or interest.

Cancellations - Basically turn up on Friday night unless it's raining at the time you leave home. Cancellations will be posted to the Facebook page, email, and txt message (if you're registered).

Help & Assistance

If you need any assistance, with riding, information, bike gear or anything BMX, please contact any of the committee or send us at e-mail at secretary@mtrbmx.co.nz



Racing Rules

Start Gate

For BMX racing at Lloyd Elsmore we use the following procedure:

- “SET UP” If riders are not ready, they must loudly call out “NOT READY” and the race starter will delay the start. The electronic gate process will begin with “RIDERS READY, WATCH THE GATE!” When this process is started, the start cannot be stopped and the gate will drop at a random timeframe.
- During the start procedure, the riders front wheel must be placed against the gate, be grounded and remain stationary during the starters call.
- Note: A rider may be penalized for causing interference with the progress of another rider on the ramp.

Track Conduct

- Any rider who leaves the track during a race must re-enter the track at the nearest safe point. The rider shall not interfere with the progress of any other rider or cut the course in order to gain an advantage.
- A rider shall not cause any part of that riders body or bicycle to come into contact with another rider or bicycle during a race with the intention of impeding the other riders progress so as to overtake that rider or cause the rider to be overtaken by another rider.
- The lead rider shall have the right of way, to choose their line on the track and through the corners. But when on the final straight, the lead rider shall not deliberately obstruct another rider from passing. Obvious dangerous, aggressive or purposeful obstruction at any time during a race will be penalised.
- A rider shall be in contact with the bicycle when it crosses the finish line. No rider shall use offensive language or behave in an offensive manner.



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Groups

For safety reasons, riders below age 14 cannot ride with the Black (very experienced) group. It's not a matter of skill level, just that a large body falling on a small body causes a lot of damage to the small body!

The code of conduct for riders and parents and other related information can be found on BMX NZ's website:

<https://www.cyclingnewzealand.nz/bmx/health-and-safety/bmxnz-regulations/>

TAKE CARE DURING PRACTICE TIME. Ride the whole track, from the start gate to the finish. Be aware of your speed and of others around you. **DO NOT ride the track backwards** at any time.

NEVER CROSS THE TRACK DURING RACING including the area between the bleachers and the points hut. Parents please make sure that children who are not racing do not wander onto the track as it is very dangerous. Mountain Raiders BMX Club cannot be responsible injury or damage, if children are wandering unsupervised on the BMX track during club night. We take every precaution to ensure that the track is clear before starting a race. You are responsible for your child's safety, at all times.

IN THE CASE OF AN ACCIDENT:

Parents: If your child has a crash on the track please let the marshals assist in the first instance. Parents crossing the track while the race is still running can cause further accidents.

Marshalls: If a rider appears injured, prepare to help. **BE AWARE** of other riders first. But please assess the injury – check first before moving a rider (the injury may be worst than it appears). Racing will be suspended until the track is cleared - so you can spend the time to check the rider. We have several parents who have medical training who will be also be able to help.

General

- Children are to be supervised by a parent/guardian at all times.
- The starter is unable to see the entire track and depends on signals from the flag marshals. You must obey flag marshal instructions at all times.
- Do not leave bikes unattended in the call up area.
- Coarse language will not be tolerated, by anyone.





The Right Equipment

Everyone falls over now and then while racing and sometimes (not very often) people will get hurt. Following some are things you should do to keep yourself safe while racing.

FULL FINGER GLOVES AT ALL TIMES. The club has gloves available for hire.

FULL-FACE HELMETS..

Full-face helmets are **COMPULSORY**. The club has some hire helmets available for newcomers. Full Face Helmets **MUST** be worn at all times when riders are on the track, on club/race nights, including practice time, especially when the gate is operating

WEAR SAFETY GEAR. Always wear long pants, tops with long sleeves such as sweatshirts. Bare skin must be covered at all times.

Enclosed shoes are also a must.



For younger riders:



Clipless Pedals are **not** permitted for riders under 12 years of age on 31 Dec of the current year.



Body armour: All **Sprocket** class riders must wear knee and elbow protection at all BMX events. The protection must be specifically designed for BMX, mountain biking or motocross. (NB This does not apply to striders).

Don't forget the bike!

- Make sure any loose parts are tightened, or replaced.
- Please make sure number plates are securely fixed. Not too high as to be a danger. But also their points can be accurately recorded.
- Bike stands to be removed before racing. Handlebars to be closed off at the ends.
- Threaded axle ends to be covered with tape or nylon coverings. Brake levers are not to protrude beyond the end of the handlebars. Bicycles to be in good & safe general condition.
- The use of bicycles with gears is permitted
- No pegs or trainer wheels



Where to buy clothing and equipment

New BMX bikes, clothing and accessories:

- Cycle Express, Wellington St, Howick. <http://cxp-racing.myshopify.com>

Second hand:

- Facebook pages:- “BMX NZ Racing Exchange” and “BMX Racing NZ Buy Sell Swap or Wanted”
These are closed groups, but just ask to be a member. Most of the BMX community are active here, so you can also get advice from experienced riders.
- Word of mouth – Just ask around at club nights
- Trademe

Transponders

Transponders are used at Mountain Raiders to score club nights. They are also required for major meets. More and more clubs are rolling out transponder use. Transponders eliminate the need to line up at the points hut at the end of the race and make scoring more accurate.

If you do not own a transponder, one can be purchased with your membership.



Membership

If you wish to race in any BMXNZ or other affiliated club event, such as Regional or National Championships, you will need an appropriate BMXNZ race licence.

For background information on BMX: <http://en.wikipedia.org/wiki/BMX>

Membership Options

Note that club nights are FREE for paid club members

| Licence type | Age |
|-------------------------------------|---|
| Strider | 5 years and under and unable to use pedals |
| Sprocket | 7yo or under as at 31 st Dec of the licencing year |
| Challenge | 8yo or over as at 31 st Dec of the licencing year |
| Championship (Elite & Jnr Elite) | 17+ - <i>for the top level riders</i> |
| Casual fee | Any |
| Visiting member of another BMX club | Any |

What do the different plates mean?



Sprocket – boys and girls



Challenge 20" – girls/women



Challenge 20" – boys/men



Cruiser



Junior Elite



Elite

Strider racing will be held on club night. This is free for non-members although no points will be recorded



Personal Information & Privacy

I/We authorise the club to disclose personal details of my child/children for the Mountain Raiders BMX Club and BMX New Zealand administration purposes only.

I/We acknowledge that I/We may receive correspondence/emails from the aforementioned organisations.

I/We consent to my child/children's names photo and BMX profile to be used by the Club for promotional educational media and sponsorship related activities.

I/We also give permission for my child/children to be photographed by the official photographer assigned by the Club at any BMX club or other BMX event and acknowledge that these photographs may be used on the clubs website or Facebook page.

I/We may request for a photo to be removed from the Club's website at any time by contacting the secretary of the Club.

I/We acknowledge that I/We are bound by the rules of the Club and verbal or written instructions by Club Officials at any given time.

DISCLAIMER

Mountain Raiders BMX Club accepts no responsibility for damage or injury caused to any person or property while participating in any activity within the confines of the BMX facility.